

June

PLANNER PAGES

2021

This Month....

	MONDAY	TUESDAY	WEDNESDAY
Week 1		1	2
Week 2	7	8	9
Week 3	14	15	16
Week 4	21	22	23
	SUMMER SOLSTACE - Longest Day (UK)		
Week 5	28	29	30

THINGS TO LOOK FORWARD TO THIS MONTH....

June 2021

THURSDAY	FRIDAY	SATURDAY	SUNDAY
3	4	5	6
10	11	12	13
17	18	19	20 FATHERS DAY (UK)
24	25	26	27

JULY 2021

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

GOALS + INTENTIONS

June 2021

HOME	SELF-CARE, HEALTH + FITNESS
FAMILY	FINANCE
PERSONAL GROWTH + DEVELOPMENT	LOVE + ROMANCE
SOCIAL	RECREATION, FUN + LEISURE
WORK, CAREER + BUSINESS	CONTRIBUTION + COMMUNITY

THIS MONTHS FOCUS...

GOAL
01

GOAL:

WHY:

ACTION STEPS:

-
-
-
-

LIFE AREA:

DATE TO COMPLETE:

ACHIEVED:

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GOAL
02

GOAL:

WHY:

ACTION STEPS:

-
-
-
-

LIFE AREA:

DATE TO COMPLETE:

ACHIEVED:

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GOAL
03

GOAL:

WHY:

ACTION STEPS:

-
-
-
-

LIFE AREA:

DATE TO COMPLETE:

ACHIEVED:

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HABITS, ROUTINES + RITUALS TO CREATE...

- 1.
- 2.
- 3.
- 4.
- 5.

ADD TIME BLOCKS AND REMINDERS TO YOUR DIGITAL CALENDAR.

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This Week...

Set your intentions for this week.

What things are you going to do this week to help you to achieve your goals...

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MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO, OR FOCUS ON FOR EACH DAY...

1 TUESDAY

2 WEDNESDAY

3 THURSDAY

4 FRIDAY

5 SATURDAY

6 SUNDAY

NOTES + REMINDERS + TO DO'S

THINGS I ACHIEVED, AM GRATEFUL FOR + MADE ME HAPPY:

[illegible]

HABIT TRACKER

[illegible]

HEALTH: Meal Planning + Exercise

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This Week...

Set your intentions for this week.

What things are you going to do this week to help you to achieve your goals...

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MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO, OR FOCUS ON FOR EACH DAY...

7 MONDAY

8 TUESDAY

9 WEDNESDAY

10 THURSDAY

11 FRIDAY

12 SATURDAY

13 SUNDAY

NOTES + REMINDERS + TO DO'S

THINGS I ACHIEVED, AM GRATEFUL FOR + MADE ME HAPPY:

Circumstance	U.S. adults (%)	U.S. military personnel (%)
To protect oneself or others from harm	85	90
To protect property	75	80
To protect the environment	65	70
To protect the community	60	65
To protect the country	55	60

HABIT TRACKER

HEALTH: Meal Planning + Exercise

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This Week...

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What things are you going to do this week to help you to achieve your goals...

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MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO, OR FOCUS ON FOR EACH DAY...

14 MONDAY

15 TUESDAY

16 WEDNESDAY

17 THURSDAY

18 FRIDAY

19 SATURDAY

20 SUNDAY

NOTES + REMINDERS + TO DO'S

THINGS I ACHIEVED, AM GRATEFUL FOR + MADE ME HAPPY:

HABIT TRACKER

HEALTH: Meal Planning + Exercise

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This Week...

Set your intentions for this week.

What things are you going to do this week to help you to achieve your goals...

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MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO, OR FOCUS ON FOR EACH DAY...

21

MONDAY

22

TUESDAY

23

WEDNESDAY

24

THURSDAY

25

FRIDAY

26

SATURDAY

27

SUNDAY

NOTES + REMINDERS + TO DO'S

THINGS I ACHIEVED, AM GRATEFUL FOR + MADE ME HAPPY:

[illegible]

HABIT TRACKER

[illegible]

HEALTH: Meal Planning + Exercise

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This Week...

Set your intentions for this week.

What things are you going to do this week to help you to achieve your goals...

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MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO, OR FOCUS ON FOR EACH DAY...

28 MONDAY

29 TUESDAY

30 WEDNESDAY

[Download July planner pages from Every Little Thing](#)

1 THURSDAY

2 FRIDAY

3 SATURDAY

4 SUNDAY

NOTES + REMINDERS + TO DO'S

THINGS I ACHIEVED, AM GRATEFUL FOR + MADE ME HAPPY:

HABIT TRACKER

[illegible]

HEALTH: Meal Planning + Exercise

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MONTHLY REFLECTION

Good things that happened this month...

WHAT WENT WELL...

WHAT DIDN'T GO SO WELL...

WHAT CAN I CHANGE NEXT MONTH...

DID YOU ACHIEVE YOUR GOALS THIS MONTH?

Go back to your goals and intentions page for this month and highlight all the ones that you managed to achieve.

HOW WOULD YOU RATE THIS MONTH OUT OF 10?

With love from....

Every Little Thing



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