



WARDROBE EDIT WORKBOOK

EVERYLITTLETHING.CO.UK

YOUR WHY

How does your wardrobe currently make you feel?

What are your problem areas?

What is your primary motivation for making a change?

What are your wardrobe goals?

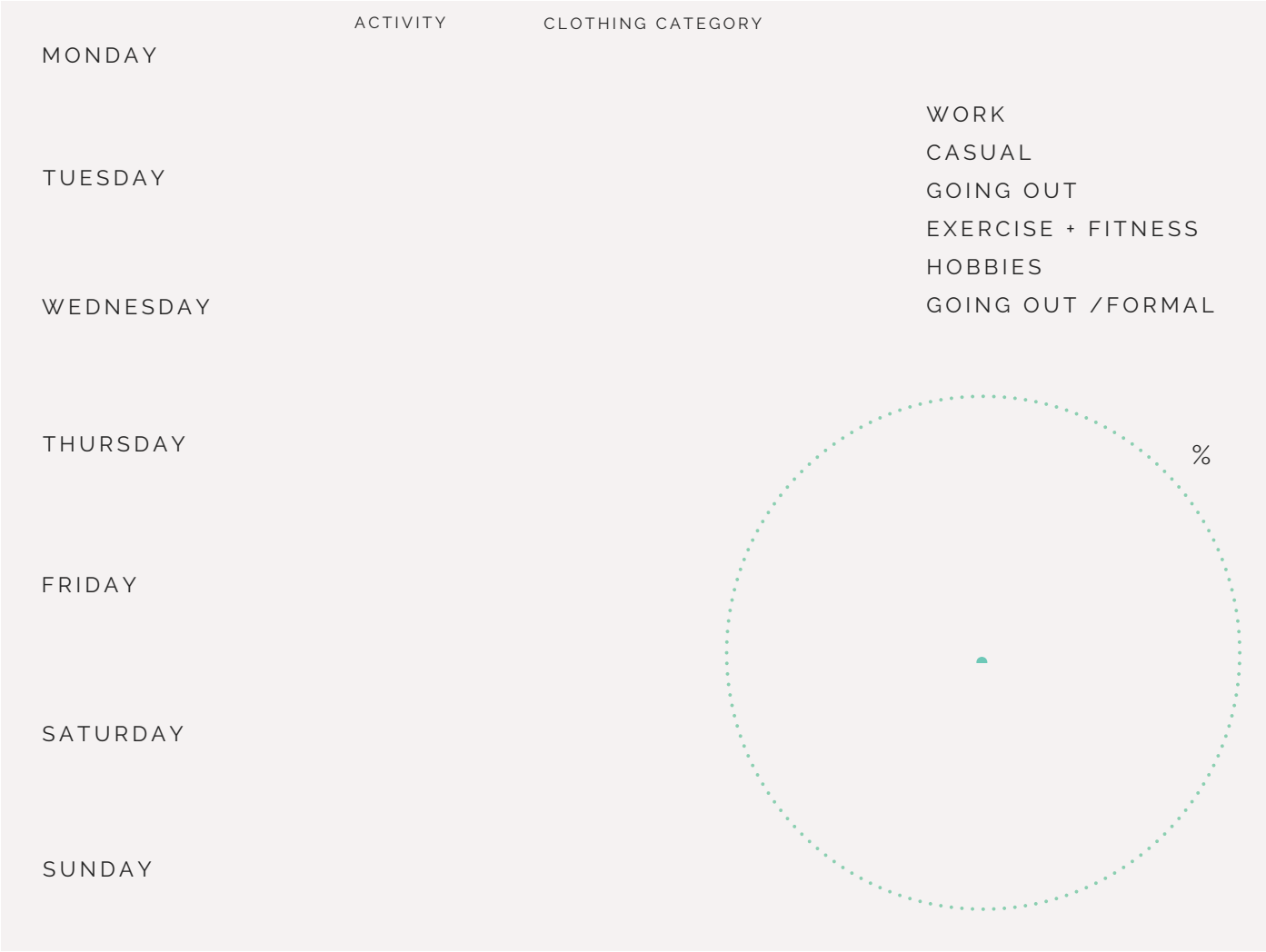
1.

2.

3.

YOUR LIFE

AVERAGE WEEK



YOUR STYLE

Favourite things you own + love to wear:

1.

2.

3.

4.

5.

What are your favourite things in your wardrobe? The go-to ones that you pull out time and time again.

Describe your personal style:

What 3 words best describe your style?

Casual, Classic, Sporty, Vintage, Minimal, Feminine, Sexy, Comfy, Retro, Neutral, Colourful, Modern, Tomboy, Tailored, Glamorous...

Your inspiration: People + style icons you love:

You could create an inspiration board using Pinterest.

Favourite brands:

Write down the brands, stores and designers you love, the ones that work for your body, style and budget.

Favourite colours :

Are you drawn to colours or neutrals?
What colours do you feel good in?

SIMPLIFY + DECLUTTER: CHECKLIST

☐ PREPARATION

- ☐ Bedroom and surrounding area calm and clear to work in.
- ☐ Laundry as up to date as possible and all clothes included.
- ☐ Before photo taken
- ☐ Timer set
- ☐ Sorting categories ready

☐ DECLUTTER



Choose a space (hanging, drawer or shelf) to start working on.
Or, if you are already fairly well organised you could choose to work by category or clothing.



Take everything out of that space and place on the bed or other flat surface.



Review each item in turn thoroughly and thoughtfully and add it to one of your clutter sorting categories;

ONCE YOU'VE FINISHED DECLUTTERING;

☐ DONATIONS

Put bagged items straight into your car, or arrange a collection ASAP.

Number of bags:

My chosen charity is:

Give friends and family a time limit to come and collect any items they would like, before sending them to charity.

☐ RUBBISH and RECYCLING

Find a textile recycling bin to avoid anything going to landfill that could be recycled. Put them in your car and get it out of your space as soon as possible.

Number of bags:

My nearest textile recycling is:

☐ TO DO LIST

Any items that need to be actioned to make them wearable should be added to your to do list and actioned as soon as possible (the ones that you wrote down at the back of this workbook). Give yourself a time limit for getting them done. Add then to your calendar.

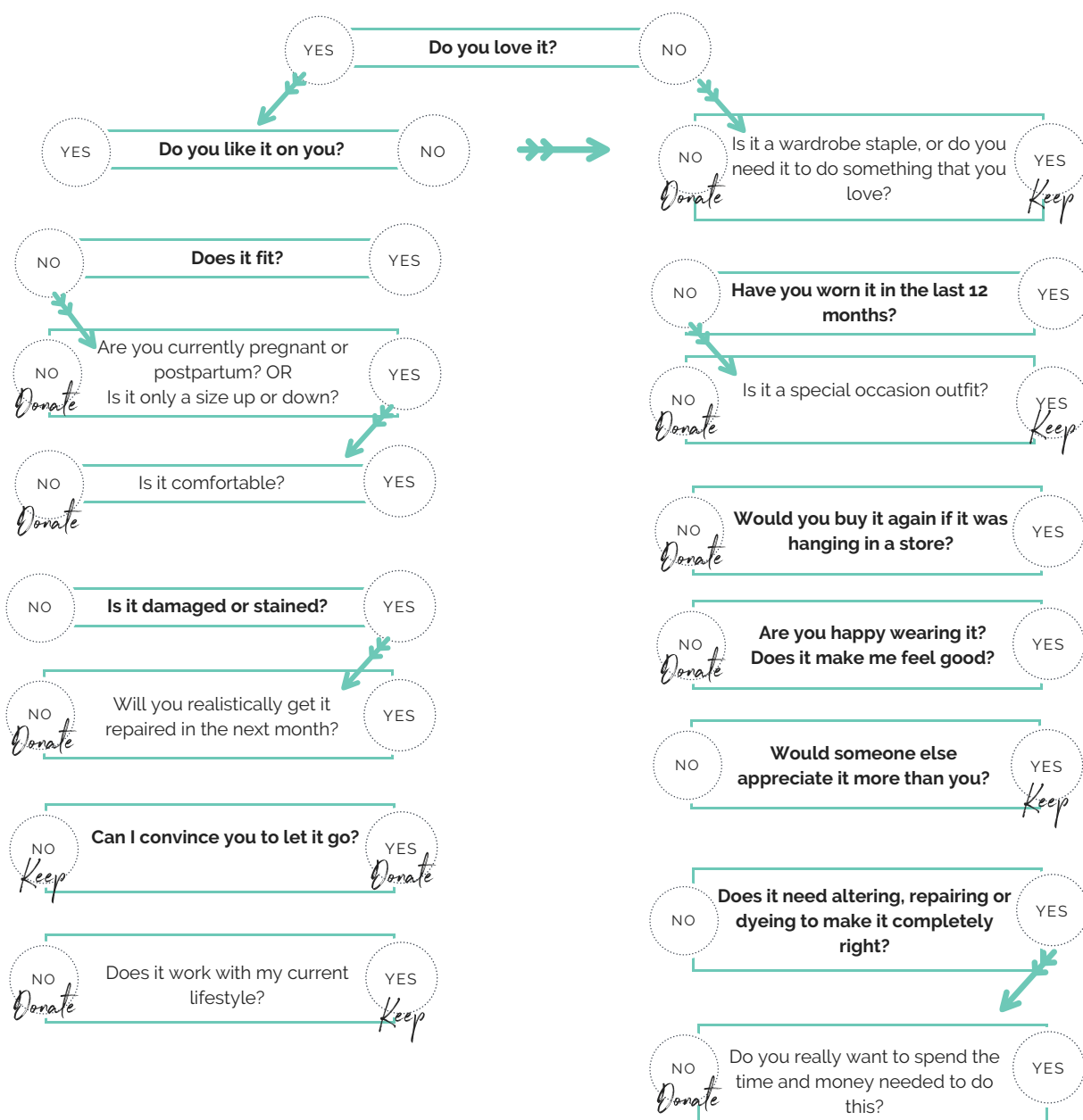
☐ SELL

Do your research first - Is it worth the time and effort to sell? As with your to-do list items give yourself a time limit to sell them, if you do think it's worth it.

☐ NON WARDROBE ITEMS TO BE RETURNED TO THEIR HOME OR SPACE

And remember to try your best not to rethink your decisions.

QUESTION EVERYTHING



OTHER QUESTIONS YOU CAN ASK;

- Why do I have this?
- What does it mean to me?
- How many other items in my wardrobe does it go with?
- Would you feel comfortable being photographed in it?

ORGANISE

HANG	<div>DRESSES</div> <div>Going Out Casual</div>	<div>SKIRTS</div>	<div>JACKETS</div> <div>Smart Casual</div>	<div>COATS</div>	
	<div>BOTTOMS</div> <div>Jeans Leggings Smart Trousers Shorts</div>	<div>TOPS</div> <div>T-Shirts Shirts Vest/ Cami Tops Jumpers</div>			
HANG / DRAWER OR SHELF					
	<div>UNDERWEAR</div> <div>Knickers Bras Socks Tights/Hoisery</div>	<div>NIGHTWEAR</div> <div>PJ's</div>	<div>WORK OUT WEAR</div> <div>Bra Tops Tops Leggings Swim</div>	<div>ACCESSORIES</div> <div>Belts Scarves Jewellery</div>	<div>LOUNGEWEAR</div>
DRAWERS					
SHELVES	<div>SHOES</div>	<div>BAGS</div>			
STORAGE (Boxes)	<div>SEASONAL</div> <div>Out of Season Holiday/Beachwear</div>	<div>FUTURE CLOTHES</div>	<div>MEMORIES</div>		

GO TO OUTFITS

1

OUTFIT ONE
ACTIVITY:

TOP

BOTTOM

OUTERWEAR

SHOES

ACCESSORIES

2

OUTFIT TWO
ACTIVITY:

TOP

BOTTOM

OUTERWEAR

SHOES

ACCESSORIES

3

OUTFIT THREE
ACTIVITY:

TOP

BOTTOM

OUTERWEAR

SHOES

ACCESSORIES

4

OUTFIT FOUR
ACTIVITY:

TOP

BOTTOM

OUTERWEAR

SHOES

ACCESSORIES

5

OUTFIT FIVE
ACTIVITY:

TOP

BOTTOM

OUTERWEAR

SHOES

ACCESSORIES

STORE + CONTAIN

Use this space to make notes, draw and plan out your spaces and add measurements for any storage items needed.

HANGING SPACE / DRAWER SPACE / SHELF SPACE

STORE + CONTAIN: Wish List Items

HANGING SPACE

☐

Uniform hangers (skinny or wooden depending on space).

☐

Rail dividers (make sure that you check the space between the rail and the top of the wardrobe to make sure they will fit).

☐

Clothing protectors (for delicate and expensive items).

DRAWER SPACE

☐

Drawer dividers

☐

Shoe Storage

☐

Storage boxes

☐

Anti-moth protection

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TO DO LIST

NOTES