

# April

PLANNER PAGES

2021

This Month....

	MONDAY	TUESDAY	WEDNESDAY
Week 1			
Week 2	5 EASTER MONDAY	6	7
Week 3	12	13 RAMADAN STARTS	14
Week 4	19	20	21
Week 5	26	27	28

THINGS TO LOOK FORWARD TO THIS MONTH....

April 2021

THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2 GOOD FRIDAY	3	4 EASTER SUNDAY
8	9	10	11
15	16	17	18
22	23	24	25
29	30		

MAY 2021

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
					31	

## GOALS + INTENTIONS

*April* 2021

HOME	SELF-CARE, HEALTH + FITNESS
FAMILY	FINANCE
PERSONAL GROWTH + DEVELOPMENT	LOVE + ROMANCE
SOCIAL	RECREATION, FUN + LEISURE
WORK, CAREER + BUSINESS	CONTRIBUTION + COMMUNITY

THIS MONTHS FOCUS...

GOAL  
01

GOAL:

WHY:

ACTION STEPS:

•

•

•

•

LIFE AREA:

DATE TO COMPLETE:

ACHIEVED:

☐

GOAL  
02

GOAL:

WHY:

ACTION STEPS:

•

•

•

•

LIFE AREA:

DATE TO COMPLETE:

ACHIEVED:

☐

GOAL  
03

GOAL:

WHY:

ACTION STEPS:

•

•

•

•

LIFE AREA:

DATE TO COMPLETE:

ACHIEVED:

☐

HABITS, ROUTINES + RITUALS TO CREATE...

- 1.
- 2.
- 3.
- 4.
- 5.

ADD TIME BLOCKS AND REMINDERS TO YOUR DIGITAL CALENDAR.

☐

# This Week...

Set your intentions for this week.

What things are you going to do this week to help you to achieve your goals...

☐☐☐☐☐☐☐☐☐☐☐☐

MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO, OR FOCUS ON FOR EACH DAY...

29 MONDAY

30 TUESDAY

31 WEDNESDAY

1 THURSDAY

2 FRIDAY

3 SATURDAY

4 SUNDAY

NOTES + REMINDERS + TO DO'S

THINGS I ACHIEVED, AM GRATEFUL FOR + MADE ME HAPPY:

[illegible]

## HABIT TRACKER

[illegible]

## HEALTH: Meal Planning + Exercise

M  
T  
W  
T  
F  
S  
S

# This Week...

Set your intentions for this week.

What things are you going to do this week to help you to achieve your goals...

☐☐☐☐☐☐☐☐☐☐☐☐

MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO, OR FOCUS ON FOR EACH DAY...

5 MONDAY

6 TUESDAY

7 WEDNESDAY

8 THURSDAY

9 FRIDAY

10 SATURDAY

11 SUNDAY



NOTES + REMINDERS + TO DO'S

THINGS I ACHIEVED, AM GRATEFUL FOR + MADE ME HAPPY:

## HABIT TRACKER

[illegible]

## HEALTH: Meal Planning + Exercise

M  
T  
W  
T  
F  
S  
S

# This Week...

Set your intentions for this week.

What things are you going to do this week to help you to achieve your goals...

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO, OR FOCUS ON FOR EACH DAY...

12

MONDAY

13

TUESDAY

14

WEDNESDAY

15

THURSDAY

16

FRIDAY

17

SATURDAY

18

SUNDAY

NOTES + REMINDERS + TO DO'S

THINGS I ACHIEVED, AM GRATEFUL FOR + MADE ME HAPPY:

[illegible]

## HABIT TRACKER

[illegible]

## HEALTH: Meal Planning + Exercise

M  
T  
W  
T  
F  
S  
S

# This Week...

Set your intentions for this week.

What things are you going to do this week to help you to achieve your goals...

☐☐☐☐☐☐☐☐☐☐☐☐

MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO, OR FOCUS ON FOR EACH DAY...

19 MONDAY

20 TUESDAY

21 WEDNESDAY

22 THURSDAY

23 FRIDAY

24 SATURDAY

25 SUNDAY

NOTES + REMINDERS + TO DO'S

THINGS I ACHIEVED, AM GRATEFUL FOR + MADE ME HAPPY:

## HABIT TRACKER

[illegible]

## HEALTH: Meal Planning + Exercise

M  
T  
W  
T  
F  
S  
S

# This Week...

Set your intentions for this week.

What things are you going to do this week to help you to achieve your goals...

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

MAIN EVENTS, APPOINTMENTS AND THINGS TO LOOK FORWARD TO, OR FOCUS ON FOR EACH DAY...

26 MONDAY

27 TUESDAY

28 WEDNESDAY

29 THURSDAY

30 FRIDAY

1 SATURDAY

2 SUNDAY

NOTES + REMINDERS + TO DO'S

THINGS I ACHIEVED, AM GRATEFUL FOR + MADE ME HAPPY:

## HABIT TRACKER

[illegible]

## HEALTH: Meal Planning + Exercise

M  
T  
W  
T  
F  
S  
S

MONTHLY REFLECTION

*Good things that happened this month...*

WHAT WENT WELL...

WHAT DIDN'T GO SO WELL...

WHAT CAN I CHANGE NEXT MONTH...

DID YOU ACHIEVE YOUR GOALS THIS MONTH?

Go back to your goals and intentions page for this month and highlight all the ones that you managed to achieve.

HOW WOULD YOU RATE THIS MONTH OUT OF 10?



*With love from....*

*Every Little Thing*



[www.facebook.com/everylittlethinguk](http://www.facebook.com/everylittlethinguk)



[www.instagram.com/everylittlethinguk](http://www.instagram.com/everylittlethinguk)



[www.pinterest.co.uk/everylittlethinguk](http://www.pinterest.co.uk/everylittlethinguk)

[WWW.EVERYLITTLETHING.CO.UK](http://WWW.EVERYLITTLETHING.CO.UK)